

General information

Why do I need a GP?

All people in the Netherlands have their own GP or GP practice in which they are enrolled. In order to be seen by a GP, enrollment is a necessity.

The General Practitioner (GP, or Huisarts in Dutch) is almost always the first person to consult when facing health problems. Dutch GPs see a range of patients, from babies to pregnant women, adults, and the elderly. The GP is familiar with a range of symptoms such as skin conditions, gynecological problems, infections, psychological problems, airway problems, or problems with the heart, as well as headaches, stomachaches, and sexual complaints. Most practices also have nurse practitioners who treat people for high blood pressure, diabetes, COPD and asthma according to our national guidelines.

The GP can perform several tests and can request a wide range of other tests, such as STD tests, pap smears and blood work. In most cases the GP will treat the complaint directly, either by giving advice or prescribing medication. The GP also does minor surgery, such as treating wounds or the placement of Intrauterine Devices (IUDs).

Be aware that the GP does not have any knowledge regarding dental problems; for dental issues you will need to see a dentist!

If the GP is not able to diagnose or treat you, you will be referred to a specialist in the hospital.

GP costs non-dutch insurance

a. Medical telephone advice: 15,46 euro

b. Consultation with a doctor (1 complaint): 30,91 euro

c. Consultation with a doctor (2 complaints): 61,82 euro

The consultation must be paid at the practice (cash/card). You will receive a bill which you can send to your insurance company. They will refund you the money.

Please note that physiotherapy appointments are not covered in the basic healthcare insurance.

When you have a Dutch health insurance your GP will directly refund the costs via your insurance company.

Mandatory deductible

With every Basic healthcare insurance there is a mandatory deductible; for healthcare covered under the general insurance policy, like hospital care, medicine and blood tests, you pay some of the costs yourself. This is called the deductible. You pay the deductible in addition to your premium. The deductible applies to one calendar year (1 January to 31 December). You must first use the €385 deductible before your health insurance company will start reimbursing the costs, this does not apply to appointments with your general practitioner.

About the practice

Contact information

Address: Spoorlaan 374, 5038 CD Tilburg

Telephone: 013-5810065

Press 1: in case of emergencies that require immediate care

Press 2: for renewal of medication

Press 3: talk to the assistant (appointments/diagnostic results).

Email: info@perron1huisartsen.nl

Register as a patient

Please call or email the practice to ask if you can enroll as a patient in our practice, you need to live in Tilburg in close proximity to the practice.

To register as a patient, you must fill out the registration form which will be sent to you by email. To register you must have a health insurance.

If you come to our practice for the first time, please arrive 15 minutes before your appointment, then we can complete your registration and check your insurance.

You should bring the following with you to your first appointment:

- o A form of identification (passport, driver's license, or a government-issued ID)
- o Your proof of insurance/card with valid dates

Opening hours practice

Our practice is open from Monday to Friday between 8.00 and 17.00. At lunchtime between 12.00-13.00 our practice is closed.

How do I make an appointment?

To make an appointment you must call to our practice and press 3 in the menu.

Please note that you must call between 08.00-09.30 in the morning. Usually we are able to schedule an appointment for the same day.

If you need to cancel the appointment, we prefer that you call to our practice.

A single appointment takes 10 minutes and is meant to discuss one complaint. Tell the assistant if you think you need a double appointment in case of psychological problems, multiple or complex complains.

What if the practice is closed/out of office?

Outside the opening hours of our practice there is a GP service for urgent medical care that cannot wait until the next day. It can be reached in the evening, night and the weekends. In Tilburg this so-called 'Huisartsenpost' can be found on Lage Witsiebaan 2a. You can reach the service at 085-5360300. It is also possible to do a consultation by telephone.

Leaving the practice

When you leave the Netherlands or move to another city please inform us so we can close your medical file or send it to your new GP.

Digital Health

MijnGezondheid.net is an online environment where you can easily and quickly arrange health issues via your own GP. You have access to you own medical file and results.

Ask medical question online, order medication, make appointments with you doctor and pharmacy. In addition the Patient Portal MijnGezondheid.net (DigiD login) you can use the [MedGemak](#) app.

Useful links

<https://gpinfo.nl/>

<https://h4i.nl/>



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